



**Plate 53: Photopic child with CRD**



**Plate 54: Photopic adult with CRDA**

Photophobia was the hallmark of cone and cone rod dystrophies in all age groups and very disturbing whether throughout life from childhood (Plate 53) to adulthood (Plate 54). Red filter in the form of red tinted glasses (in comparison to ordinary sunglasses) proved to be effective in providing symptomatic relief outdoor. In Plate 54 this patient was able to open her eyes under the bright sun.



**Plate 54: Significant relief in an adult with severe CRD and AI**